**Laboratory Safety Operation Rules**

1. Read the [**safety rules**](http://cheng.auth.gr/wp-content/uploads/2018/04/1.Lab-Safety-Rules.docx) carefully, consult the posted safety labels and familiarize yourself with the laboratory workspace.
2. Wear safety goggles or shields and gloves when working with hazardous (bio)materials and/or equipment.
3. Clothing that exposes the body surface (shorts, sandals) is forbidden in the laboratory. Necklaces, rings and earrings are not allowed. If you have long hair, make sure it is tied. Personal items are kept in a suitable cabinet.
4. Never work alone in the laboratory without explicit permission and prior knowledge of the instructor in charge.
5. Treat any chemical or biological agent or product as dangerous. All materials should be properly marked with a proper name and safety warning(s).
6. Adhere to fire safety regulations (laboratory hoods, fire extinguishers, sprinklers, alarm, emergency phone numbers) for the use and storage of (bio)chemicals in approved containers and store rooms bearing appropriate labeling and ventilation.
7. Spent (bio)materials (solids, liquids or gases), if any, are disposed of in suitably labeled containers.
8. Do not use any equipment unless you are trained and approved of as an authorized user by the supervisor in charge. Take all precautions to avoid contact with electrical wires and exposure to strong magnetic fields.
9. Apply stringently the safety rules when working in a radiation-generating facility or a Biological Safety Level laboratory.
10. In case of an accident or emergency, apply the safety regulations and notify the person in charge or the appropriate service immediately.
11. Never eat or drink while working in the lab. Smoking is strictly forbidden in the laboratories.
12. Clean the work area, wash your hands before leaving the lab and before eating.